

Ref No. HIM.ADM/IQAC/6.21/004

REPORT ON CELEBRATION OF 12TH INTERNATIONAL YOGA DAY

Institution: Haldia Institute of Management

Date: June 21, 2026

Venue: Yoga Hall, HIM Annex Building

Celebration of 12th International Yoga Day on 21st June 2026.

Haldia Institute of Management proudly celebrated the 12th International Day of Yoga on 21st June 2026 with great enthusiasm and active participation from faculty members and students. The celebration was organized in HIM Yoga Room in alignment with the visionary initiative of the Hon'ble Prime Minister of India, Shri Narendra Modiji, promoting the ideals of a Swasth (Healthy) and Samruddh (Prosperous) Bharat.

This year's observance was further aligned with the national vision of Viksit Bharat 2047 and the theme "Yoga for Healthy Ageing." The yoga session was conducted in the morning following the prescribed Common Yoga Protocol, under the expert guidance of the College/Campus dedicated Yoga Instructor.

Higer Authorities, Faculty members, staff, and students enthusiastically participated in various yoga practices and asanas, demonstrating their commitment towards physical well-being, mental wellness, and holistic development. The celebration reinforced the importance of incorporating yoga into daily life for fostering a healthy lifestyle and contributing towards the vision of a developed and healthy India.

The event successfully promoted awareness about the significance of yoga as a powerful tool for achieving physical fitness, mental harmony, and overall well-being among the college campus community.

PHOTOS OF THE EVENT (See Next Page)

